

Press release, 26 January 2018

Waldhotel Health & Medical Excellence

## Prof. Dr Verena Briner, our new Medical Director

**Prof. Dr Verena Briner will be taking up her post as Medical Director of the Waldhotel Health & Medical Excellence on 15 March 2018. The Waldhotel runs an outpatient Medical Centre and an in-patient Rehabilitation Clinic with a cantonal mandate. Dr Michael Brabetz is returning to acute medicine after the successful opening of the medical department.**

“With the appointment of Prof. Dr Verena Briner, we have succeeded in gaining an internationally recognised and renowned doctor and scientist for the directorship of the Waldhotel Health & Medical Excellence. Verena Briner has made her name as a long-standing consultant and head of the Medicine Department of the Lucerne Cantonal Hospital (LUKS), as a member of the hospital's management, as well as a scientific advisor there,” says Bruno H. Schöpfer, Managing Director of the Bürgenstock Selection.

Verena Briner is replacing Dr Michael Brabetz, who as medical director, successfully opened the Medical Centre and the Rehabilitation Clinic at the Waldhotel. In this position, he managed all the complex preparatory work with the help of Daniela Krienbühl, the Operations Manager. Today, the clinic demonstrates considerable multidisciplinary expertise and is appropriately recognised for this - for example, it is included on the Canton of Nidwalden hospital list. Michael Brabetz will be returning to his previous activities as a practising doctor. Robert Herr, General Manager of the Bürgenstock Resort, noted: “Michael Brabetz has made a very valuable contribution to the development of the project. He has been largely responsible for the structuring of our medical services.”

Verena Briner, after completing her medical studies in Basel, has worked as an assistant and senior physician at Basel University Hospital, Lucerne Cantonal Hospital, Bern Inselspital and Hammersmith Hospital, London.

From 1995 to 2016, Verena Briner worked as a consultant at the Medicine Department of the Lucerne Cantonal Hospital. From 2005, she also headed the Department of Medicine and was a member of the hospital's management. She has been scientific advisor to the management of the Lucerne Cantonal Hospital in Stab since 2016. As part of her scientific activities, she completed a research fellowship at the University of Colorado in Denver



(USA). In 1994, she completed her post-doctoral lecturing qualifications in Internal Medicine at the University of Bern. She is an honorary professor at the University of Basel and a visiting professor at the University of Lucerne. Verena Briner is currently a member of the Swiss Science Council (SSC) and President of the Academia Engelberg. Between 2013 and 2016, she was a member of the board of directors of Novartis AG, Basel. Verena Briner grew up in Lucerne.

The Waldhotel Health & Medical Excellence has been officially open since the middle of December 2017. The focus of this five-star hotel is on medical services and services designed to promote health that are integrated into exclusive hotel and spa offers. A multidisciplinary team of doctors, therapists and nursing specialists looks after the health and well-being of the guests. Services include diagnostic, therapeutic and rehabilitation services that are supplemented by a variety of preventative programmes in the following areas

- Diagnostic & Medical Check-up
- Mobility & Activity
- Weight Management & Metabolism
- Body & Mind Balance
- Beauty & Healthy Ageing
- In-patient care in the fields of Musculoskeletal, Internal Medical and Psychosomatic Rehabilitation

These medical and therapeutic services are also available to guests from the region without the need to stay at the Waldhotel. Qualified specialists in the fields of Internal Medicine, Dermatology, Orthopaedics, Cardiology and Dentistry run their practices in-house in the Medical Centre. In addition to a Physiotherapy Department, which offers its services by medical prescription, a bright and modern fitness area is also available. Medical massages are available, carried out by EMR-approved therapists, and wellness treatments in the spa and cosmetic treatments complete the range.

The Bürgenstock Resort expands the diverse offering of the Waldhotel Health & Medical Excellence as a strong partner in Central Switzerland's health care system. Thanks to close cooperation with the hospitals of the Lucerne/Nidwalden (LUNIS) hospital district, specialists in a range of medical disciplines are available at the Waldhotel regularly for consultations within the context of 'Preferred Partnerships'. This collaboration with the hospitals guarantees direct access to specialised diagnostics, when needed, and to a range of additional specialist doctors.



Patients from the LUNIS hospital area benefit, for their part, from fast and preferential admission to the Rehabilitation Clinic in the Waldhotel, so that any follow-up support necessary after surgery or intensive treatments can be guaranteed seamlessly and near to their homes.

*[www.buergenstock-waldhotel.ch](http://www.buergenstock-waldhotel.ch)*



*Bürgenstock Hotels & Resort Lake Lucerne*

*The Bürgenstock Resort Lake Lucerne is part of the Bürgenstock Selection headquartered in Zug, Switzerland. The resort includes 4 hotels from 5 star superior to 3 star, with 383 rooms and suites, a state-of-the-art Health & Medical Center, 12 restaurants, lounges and bars, 67 residence suites, a 10,000m<sup>2</sup> Alpine spa and a wide range of leisure activities. The company portfolio includes the Bürgenstock Resort Lake Lucerne, the Hotel Schweizerhof Bern & THE SPA (99 rooms) and the Royal Savoy Hotel & Spa Lausanne (196 rooms). The total investment volume of the Bürgenstock Selection is one billion Swiss francs.*

*Photos and press release*

<http://www.buergenstock.ch/presskit>

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